



Dr Val Phua

Consultant Ophthalmologist Cataract and Refractive Surgery Specialist

Clinical Interest

Implantable Contact Lens Surgery, LASIK, Presbyopia Treatment & Refractive Surgery, Cataract Surgery and Myopia Control

Qualifications MBBS, M.Med (Ophth) FRCOphth (London) **FAMS**

Dr Val Phua completed his medical studies at National University of Singapore (NUS) and continued with his specialist training in Ophthalmology at Singapore National Eye Centre (SNEC). He completed his post-graduate studies with a Master's degree from NUS (MMED) and a specialist qualification in Ophthalmology from UK (FRCOphth London).

Dr Val Phua has presented at multiple local and international ophthalmology conferences including Malaysia-Singapore Joint Ophthalmic Congree (MS-JOC), Asia Pacific Academy of Ophthalmology (APAO) Congress and the Association for Research in Vision and Ophthalmology (ARVO) annual meeting. He has published in several peer reviewed journals including Investigative Ophthalmology and Visual Sciences (IOVS), American Journal of Ophthalmoogy (AJO), British Medical Journal (BMJ) Open Quality and British Medical Journal (BMJ) Simulation and Technology Enhanced Learning. Dr Phua is passionate about teaching and education and was a contributing author to the Ophthalmology textbook "Practical Guide to VIVA and OSCE in Ophthalmology Examinations" and was the first author of another specialist textbook "Fundamental OSCE Guide in Ophthalmology".

Despite the demands of a busy schedule, Dr Phua is a devoted Christian, a loving husband and father to his family. He is actively involved in teaching Sunday school and believes in a well-balanced lifestyle. He was a competitive swimmer and water polo player and captained the water polo team at Anglo-Chinese-School (Independent) and Anglo-Chinese-Junior-College at the "C", "B" and "A" divisions. He went on to represent Singapore at the FINA Junior Water Polo World Championships. Today he continues to maintain a healthy lifestyle with a regular exercise schedule.













